

PSY 212 Study Guide

Chapter 9-10, 12

What has caused the rise in eating disorders?

What are the two main diagnoses? What is the difference between the two?

What is the third diagnosis on the rise?

What are the main symptoms of anorexia nervosa?

What medical problems stem from anorexia nervosa?

What are the main symptoms of bulimia nervosa?

Describe what happens when someone binges.

What are the similarities between anorexia and bulimia?

Define binge eating disorder.

What are the symptoms and characteristics?

What's the percentage of the population that binge eat?

What causes eating disorders?

What is the psychodynamic perspective of eating disorder?

What is the cognitive perspective of eating disorder?

How does depression play a role in eating disorders?

What are some biological issues that play a role in eating disorders?

What is the difference between LH and VMH?

What societal pressures cause eating disorders?

What countries have banned excessively thin models from working in the fashion industry?

What are some of the multicultural factors effecting eating disorders?

What are the main goals of eating disorder treatments?

What is the immediate aim of anorexia nervosa treatment?

How has treatment changed over the years?

How is family therapy important for treatment?

What is the aftermath of anorexia nervosa? Both positive and negative.

What is the immediate goal of treatment for bulimia nervosa?

Describe cognitive-behavioral therapy for bulimia treatment. What are some of the techniques they use?

What are some forms of psychotherapy that are used for bulimia treatment?

How is medicine used for treatment? Benefits?

What is the aftermath of bulimia nervosa? Untreated and treated.

How likely are relapses with bulimia nervosa?

What are some treatments for binge eating disorder?

What is the difference between drug and substance?

Define substance use disorder.

What are the categories (4) of substances used and studied? Define each.

What are the most widely used depressants?

What does alcohol contain? What is its effect?

What is the process in which impairment takes place when using alcohol?

What is alcohol's prevalence on college campuses?

Define binge drinking.

Define alcoholism.

How does alcoholism effect families?

What is the percentage of alcohols role in suicides?

What is Korsakoff's syndrome?

What is fetal-alcohol syndrome?

What are sedative-hypnotic drugs?

What is the difference between opioids and narcotics?

How does heroin provide a good example of the dangers of opioids?

What are the most widely used and legal stimulants?

What are the most widely used and illegal stimulants? What are their effects?

Define stimulant use disorder.

What are hallucinogens? What happens when on these drugs?

What is cannabis? Is it dangerous? Why or why not?

What are medibles?

What is polysubstance use?

What are the synergistic effects of polysubstance use?

How does sociocultural views cause substance use disorders?

How does operant conditioning play a role in substance abuse?

How does classical conditioning play a role in substance abuse?

What does it mean for someone to have a genetic predisposition to substance use?

What are biochemical factors to substance use?

What is incentive-sensitization theory?

What is reward-deficiency syndrome?

How are substance use disorders treated?

What is aversion therapy?

What is contingency management therapy?

What is the difference between relapse-prevention training and acceptance and commitment therapy?

How does detoxification treatment work?

What is AA? What are some other organizations that have a sociocultural approach to substance use?

Define psychosis.

What does SSD stand for? What is the most prevalent SSD?

How does the DSM-5 diagnose schizophrenia?

How many people does schizophrenia affect?

How are schizophrenic symptoms categorized? What are the symptoms?

Define delusions. Give an example.

What happens to the brain during a hallucination?

What are the negative symptoms of schizophrenia?

What are the psychomotor symptoms?

What are the three phases sufferers experience? Define each.

What is a diathesis-stress relationship?

What are some genetic factors of schizophrenia?

What are the two biological abnormalities related to schizophrenia?

What brain abnormalities occur with individuals with schizophrenia?

When can brain abnormalities begin?

What was Freud's view on schizophrenia?

What did Fromm-Reichmann conclude?

What is the cognitive explanation?

What do sociocultural theorists believe?

What is social labeling?

How is schizophrenia treated?

When did institutionalization begin? What are the positives and negatives of institutionalization?

What is the Milieu therapy?

What is token economies?

What is lobotomy?

When were antipsychotic drugs discovered?

What is phenothiazine?

What is chlorpromazine?

What are some of the unwanted effects of antipsychotic drugs?

What is psychotherapy?

What is cognitive behavioral therapy? New wave cognitive-behavioral therapy?

What are the two sociocultural therapies?

What are the goals of family therapy?

How does social therapy help?

What is the community approach?

What does the Community Mental Health Act do?

What is assertive community treatment?

What are some other examples of key features of treatment?

What are the two factors primarily responsible for failed treatment?

What are the consequences of inadequate community treatment?

Good luck! Try doing this study guide once with your notes and at least once without your notes. Let me know if I can help you in any other way! I know you'll do great! 😊 Much love!!